

# Defining and Summarizing Epicurean Ethics

Post by “Kalosyni” of December 18, 2025 at 9:55 AM

Here is an example of what I am thinking regarding definitions, however these could depend on subjective understanding of Epicurean ethics. This just a starting point, as I will have more. Then after the definitions, the summarized principals could follow.

I do see that this could create debate, as everyone uses words differently, so very subjective...but will give it a try anyway. 😊 (These will likely be subject to change as I develop this further).

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pleasure - both physical and mental enjoyment of "all of life".

all of life - past, present, and future.

eudaimonia - well-being; and the same as the enjoyment of all of life.

the highest pleasures - contain no pain and do not lead to future painful states.

variation of sensation - a type of temporary physical pleasure that occurs after pains of the body are removed.