

Sunday November 9, 2025 - Zoom Discussion 12:30 PM EST - Epicurus on Good And Evil

Post by “Matteng” of November 11, 2025 at 2:08 PM

My thoughts regarding Pain:

1. Difference between faculty of Pain (and Pleasure) and Painful things/situation/ ideas.
The faculty is there to protect us, born from evolutionary self-preservation.

2. Unnecessary Pain:

Empty ideas, worry, fears of superstitious, empty cultural ideas, fear of death, fear of (eternal and unendurable)pain(one aim of the 4. tetrapharmacon I think).

=> help of Epicurean physics

3. Avoidable Pain:

Avoidance of dangers/ painful situations....

=> help of Epicurean ethics/virtue (especially prudence, justice, friendship)

4. Endurable Pain:

Non-Avoidable Pain, Painful things/action for less pain or more pleasure.

=> help of Epicurean ethics/virtue (especially courage, temperance, justice, friendship)

5. Limits of Pain:

Hedonic Adaptation for Pain, Unendurable Pain...Death is for that the end. There is no eternal hell. Considering this that there is a last way out even could encourage to take greater pain.