

Sunday November 9, 2025 - Zoom Discussion 12:30 PM EST - Epicurus on Good And Evil

Post by “Kalosyni” of November 11, 2025 at 10:47 AM

Regarding justice and "not to harm or be harmed"... once we understand what pain is (both mental and physical) and that we don't like pain or being harmed, and we can see that no one else wants to feel pain or be harmed,and if someone else is harmed, then it is natural to want to quickly stop the pain by taking actions to make it stop (or seeking retribution, now through civilized court system) as a natural human reaction...then...we realize that we don't want to cause turmoil or trouble for ourselves.... and in truly understanding what pain is then we also have empathy toward others.

Regarding lying and cheating - in the end this can tend to harm only oneself the most (rather than directly causing physical pain to others) - being found out and then relegated to only those friends who also lie and cheat, compounding one's problems.