

# **What is Virtue and what aspects of Virtue does an Epicurean cultivate?**

**Post by “Matteng” of August 25, 2025 at 4:55 PM**

The Epicurean way of life is the way of Virtue and Pleasure.

Here is an quote from Philodemus which extends the one from PD and letter from Menoecus:

„It is impossible for one to live pleurably without living prudently and honourably and justly, and also without living courageously and temperately and magnanimously, and without making friends and without being philanthropic, and in general without having all the other virtues. For the greatest errors in things we choose or avoid occur when some people accomplish individual actions while they hold the opposite view and, because of that, are in the grip of vices. (De elect. XIV. 1-14)“

Book: The Ethics of Philodemus, from Voula Tsouna