

# Anti-Natalism: The Opposite of Epicureanism

Post by “Kalosyni” of August 23, 2025 at 11:26 AM

## [Quote from Don](#)

The philosophy doesn't take a pro or anti stance other than to value existence over non-existence and to evaluate whether to have children in light of acknowledgement of the pleasure and pain involved. It's a very subjective decision.

"Conditional natalism" - it wouldn't be good to bring a child into the world during war and famine. Also, women still do most of the childrearing tasks, so the lives of women with children are subject to massive time constraints - with little spare time to give to philosophy (unless there is enough finances to hire a nanny).