

# Anti-Natalism: The Opposite of Epicureanism

Post by “DaveT” of August 20, 2025 at 11:34 AM

## [Quote from Don](#)

### Quote

Benatar explained. “But compare that with a scenario in which that person never existed—then, the absence of the bad would be good, but the absence of the good wouldn’t be bad, because there’d be nobody to be deprived of those good things.” This asymmetry “completely stacks the deck against existence,” he continued, because it suggests that “all the unpleasantness and all the misery and all the suffering could be over, without any real cost.”

I don't know anything about this subject yet, but this quote reminds me of the nonsensical quip: I'd like to have a ham and egg sandwich if I had some ham, if I had some eggs.