

# **Episode 291 - TD21 - Epicurus Pushes Back Against "Expect The Worst And You'll Never Be Disappointed"**

**Post by "kochiekoch" of July 29, 2025 at 11:04 AM**

To listen to Ceceros' description of anticipating EVERYTHING that can go wrong, is to listen to a surefire formula for a severe anxiety problem.

Cecero would have LOVED the modern world! 😄