

# Fear and/or grief concerning the death of others

Post by “Kalosyni” of July 28, 2025 at 2:34 PM

Here is a modern psychology take on grief:

[Five stages of grief - Wikipedia](#)

Quote

...those experiencing sudden grief following an abrupt realization (shock) go through five emotions: denial, anger, bargaining, depression, and acceptance.

Critics of the model have warned against using it too literally.

And which could also be said, that not everyone will experience these stages or in this order.