

# **Episode 291 - TD21 - Epicurus Pushes Back Against "Expect The Worst And You'll Never Be Disappointed"**

**Post by "Cassius" of July 25, 2025 at 12:10 PM**

Episode 291 of the Lucretius Today Podcast is now available. Today our episode is entitled: "Epicurus Pushes Back Against 'Expect The Worst And You'll Never Be Disappointed.'"

[media]<https://www.spreaker.com/episode/67112917/media>