

Welcome Noah Calderon

Post by “Noah Calderon” of June 26, 2025 at 7:57 AM

Hi all,

I'm young enough to have mostly missed the days of community-oriented forums like this one, but I was happy to find that one existed for this exciting new (or should I say old?) school of thought I have recently become quite interested in.

Some things about myself: I am from Finland, and am writing under a pseudonym. I have read the Letter to Menoecus, and the [Principal Doctrines](#), and some other material on the web. Having become interested, I ordered a book by one Catherine Wilson on the topic as applied to modern life, and in the meantime have especially struggled with what really constitutes a wise and rational pursuit of pleasure in life.

Speaking of, this is the primary reason I joined the forum and began reading about Epicurean philosophy. Having tried and failed to fit various competing but ultimately contrived value hierarchies into an ultimately nihilistic worldview I think I kind of settled on the conclusion that "If You Were Certain That There Are No Supernatural Gods And No Life After Death" you ought to make the most of life and stop clinging to ideals and imposed order and whatnot. How this is achieved is an art of its own, and upon looking into it, it seems that Epicurus and the school he founded got pretty far.

Thanks! Hoping to learn a lot from all of you before I start posting, since I am still quite a novice.