

What amount of effort should be put into pursuing pleasure or removing pain?

Post by “Kalosyni” of June 24, 2025 at 7:31 AM

Question to add to the FAQ section: What amount of effort should be put into pursuing pleasure? ...Is there such a thing as not enough effort or too much effort when pursuing pleasure? Also, you could ask the flip side of the question, What amount of effort should be put into the removal of pain? Is there such a thing as not enough effort or too much effort when working to remove pain?