

Epicurus' Hierarchy of Needs

Post by "Kalosyni" of June 3, 2025 at 11:14 AM

[Quote from Rolf](#)

Perhaps I'm misunderstanding you Kalosyni, and please correct me if I am, but it seems that your definition leads to an ascetic view of Epicureanism in which we should only pursue what is strictly necessary.

Lol, I was thinking the other way around...lol, that you Rolf were coming from an ascetic view (due to your comment about ice-cream). 😊

[Quote from Rolf](#)

Movies are clearly not necessary for happiness or survival - countless people have been happy and healthy without them. And yet watching movies is not an inherently harmful or empty desire. In which case, what are movies other than natural but unnecessary desires?

I think that I talked about movies in another thread (but have forgotten exactly what I said, and forgotten what thread that was in). But this is a good time to talk about it again...because I would question whether or not harm might come about to an individual if they were to watch a lot of movies about people who desire and chase after great wealth, status, power, control, perfect beauty, perfect safety, or non-stop sensory variations...but it will depend on the person and the circumstances...so no absolute rules.

I wouldn't call myself ascetic...because I hold to Principal Doctrine 8 as being very important:

[PD08](#): "No pleasure is bad in itself; but the means of paying for some pleasures bring with them disturbances many times greater than the pleasures themselves."