

# Epicurus' Hierarchy of Needs

Post by “Kalosyni” of June 2, 2025 at 7:23 PM

## [Quote from Rolf](#)

Finally, we have the snow sprinkled atop the mountain representing the natural but unnecessary "extravagant" desires. Once we have everything below, we may take joy in these pleasures and allow them to adorn our life, without feeling like we require them.

I personally would end up choosing a word other than "extravagant" (but not sure exactly what word).

Also, I wouldn't see this as a hierarchy, but instead that they can all occur at the same time.