

# May 5, 2025 - First Monday Epicurean Philosophy Zoom - Agenda

Post by “Kalosyni” of May 4, 2025 at 9:54 AM

**Important Update! First Monday is tomorrow evening, and we are changing the topic of discussion to this thread:**

Post

**[Why pursue unnecessary desires?](#)**

Hey folks!

I’m getting stumped on something that previously I felt I had a firm grasp on: Why pursue (natural) unnecessary desires, if necessary desires are all that are needed for happiness? If the limit of pleasure is the absence of pain (ie. 100% pleasure 0% pain), aren’t unnecessary desires merely variation?

I recall the ‘cup’ infographic. One of the examples of a “bad” cup is one that is half full, in which only necessary desires are pursued - a cup of asceticism. I can acknowledge...



Rolf

May 2, 2025 at 12:41 PM