

# Why pursue unnecessary desires?

Post by “Pacatus” of May 3, 2025 at 3:54 PM

## [Quote from Don](#)

My perspective veers more toward seeing Epicurus as an observational researcher of the natural world and synthesizing those observations into workable practical applications for real people.

## [Don](#)

How do you think this might relate to past discussions on here about the “practical Epicurean” and the “philosophical Epicurean” (my shortcut terms, the latter referring to folks who have the ability and inclination to delve more deeply into the texts and scholarly – which is not to say “academic” – analyses)? My sense of the general sentiment on here is that the former are predicted to fall away from Epicurean practice if not sufficiently philosophically educated.

Or: how to offer a helpful (“therapeutic”) Epicurean practice toward daily life to the former group without **undue** simplification (my emphasis)? Or is that not possible? (If not, then Epicureanism seems destined to remain an option only for a fairly narrow segment of the general populace.) What can we offer to the factory worker who labors overtime hours, or the farmworker bending her back to harvest our fruits and vegetables, or ... ? Anything? If so ... how? (If not ... then not.)

Just some questions for thought ... (Since you've already risked muddying the waters ... 😊 )