

# Why pursue unnecessary desires?

Post by "Rolf" of May 3, 2025 at 5:53 AM

## [Quote from Cassius](#)

Do you agree that you can pursue only necessary pleasures and reach 100% pleasure (or happiness)? If you can pursue only necessary pleasures and reach the target, why would you pursue any others than those which are easiest to obtain?

This is a good, concise way to sum up my point of confusion - thanks Cassius.

## [Quote from Cassius](#)

But while we are helping them see the right way to approach that question, we need to avoid stating things in a loose way that is logically confusing to those who are closely trying to follow the logical consistency of the philosophy.

I agree. I can understand the intention of the philosophy based on what I hear from you, the other fine people on this forum, and Emily Austin, among others. But I want to be able to follow the logical steps laid out by Epicurus himself, so that I may understand the philosophy more innately.