

The Use of Negation in Epicurean Philosophy Concepts

Post by “Don” of April 21, 2025 at 8:24 AM

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Would you be able to sum up this flawed view of katastematic pleasure that mainstream academia purports?

For me, the mainstream academic and frankly broad public general position seems to boil down to:

- Epicurus goal was ataraxia, ie serenity.
- That's similar to Buddhism, Stoicism, et al.
- We'll dismiss Epicurus since "he's basically saying the same thing as these other philosophies."

Now, there are some great academics and lay proponents of Epicurus out there (Looking at you, Austin and Sedley!), but that's my take above on the general vibe of the hoi polloi.