

Toronto Canada Meetup Group (Discussion on Implementation)

Post by “Kalosyni” of April 5, 2025 at 11:47 AM

[Quote from AxA](#)

just eating bread, olives and water after a long walk for “hunger sauce” lol).”

Regarding "just eating bread,..." --- VS. 63 - Frugality too has a limit, and the man who disregards it is like him who errs through excess.