

# Is there Choice without satisfaction? What's the name of the pleasure of Choice itself?

Post by “Kalosyni” of March 18, 2025 at 1:44 PM

## [Quote from Godfrey](#)

Looking at it in this way, it becomes a three step process: 1) weighing, 2) selecting or rejecting, and 3) doing. Further, as I'm thinking of it currently, 3) isn't "doing or not doing", it's actually doing one thing or doing another thing. Rejecting eating the 9am bowl of ice cream doesn't result in doing nothing but in moving on to another endeavor, be it active or passive. So in this way selecting isn't either/or, it's actually choice and avoidance. In selecting one thing, you reject another, and vice versa. This relates to the idea that there's no neutral state: just as we're always experiencing either pleasure or pain, we're never doing nothing unless we're dead. At any moment, we've chosen to do one thing and are avoiding myriad other things.



## [Quote from Godfrey](#)

[VS71](#). Ask this question of every desire: what will happen to me if the object of desire is achieved, and what if not?

