

# Toronto Canada Meetup Group (Discussion on Implementation)

Post by "Cassius" of February 25, 2025 at 12:42 PM

[Quote from AxA](#)

I'm very fortunate to live a primarily pleasant life, and I want to spread that and be around others who also feel this or who are at least open to the possibility of a mostly pleasant life

Thomas Jefferson's "head and heart" letter has a very good line to the effect that "the greater part of life is sunshine" as is also very useful in general on the point that the feeling of pleasure / happiness is more important to us than logical analysis. He stages a debate between head and heart and the "head" does not come out the clear winner over feeling