

Toronto Canada Meetup Group (Discussion on Implementation)

Post by "AxA" of February 25, 2025 at 12:38 PM

[Quote from Kalosyni](#)

[Quote from AxA](#)

One guy even said afterwards that this was exactly the philosophy he's been looking for.

Are you offering (or planning to offer) anything for those individuals?those who may want more resources, such as books to read: "Living for Pleasure" by Emily Austin (for someone who is not wanting a deep dive but it generally explains it well) and "Epicurus and His Philosophy" by DeWitt (for someone who enjoys detailed deep dives). I myself would hesitate to recommend the forum itself, because it is a very time consuming endeavor, so only good for those who have tremendous concentration and time to sift through things (I really need to finish working on some basic introductory materials). Cassius has produced some introductory videos, many which are very detailed and which may be good for some folks to check out. This early one is a good one to start with, as it is not too long, but yet covers 5 important aspects:

<https://m.youtube.com/watch?v=fobzlg-x6s0>

This is a big open question that I see there has been much discussion about on this forum. How to introduce the philosophy? I watched a couple of videos on the Epicurean Friends youtube channel which have been good. Also one little presentation that I really like is this little play:

<https://www.youtube.com/watch?v=Zw9QoJXliXg>

There's certainly room to more fully develop a program from total beginner through to solid understanding of the philosophy. Something with a link that could be shared with anyone with an interest.