

Vegetarianism

Post by "Cassius" of January 7, 2025 at 2:18 PM

The plural of anecdote may not be data, but depending upon the nature of the anecdotal testimony it's still "some" evidence - and that's at least a start and better than the pure speculation on which so much of what passes for "established truth" is based.

Some day more work needs to be done on: [Epicurean Rules of Evidence](#)

I doubt anyone will ever claim that our work "on evidence" meets the standard of "falling from the heavens," but apparently Epicurus' work on the Canon - pretty much the same subject - was impressive!

Joshua is probably a pretty fair evaluator of facts, so it would be interesting to hear about changes in the diet before and after and how that might relate to blood and vision. Since this is a thread on "vegetarianism" that wouldn't be far off topic.