

Why Minimizing All Desire Is Incorrect (And What To Do Instead)

Post by “Root304” of December 8, 2024 at 2:57 AM

I take the approach of just not desiring many things or elaborate experiences; but the things I do desire I desire deeply, are impactful and more pragmatic: the cultivation of Friendships, arranging my material conditions like jobs and household the way that pleases me and other practices of Epicurean philosophy. I let go of longings that will likely not happen or that are outside of my control or that I am ambivalent about happening. Or I shift the longing into something reasonable like my longing for connection to Divinity is now commonplace as the Gods are readily visitable. I make choices to connect with people and for instance, have children, knowing full well that relationships and people do not last and nothing is guaranteed, but genuine human connection is worth the eventual and inevitable pain of separation and I anticipate it so that I shall suffer in more pleasant ways. I arrange my life at all times easily enough choosing to cultivate Friendships through mutual aid and occasional celebration with friends. When you've got a lot of relationships and schedules and taking care of one another's families like they are your own and favors for favors, your schedule gets booked up quick, and things like springing for a fancy cheese or a fancy beer every couple of weeks all just gets mixed in not so much with a singular desire from my self but gets mixed with heightening the experience of hospitality and fun with friends.