

Why Minimizing All Desire Is Incorrect (And What To Do Instead)

Post by “Pacatus” of December 4, 2024 at 5:55 PM

[Quote from Cassius](#)

Yes you need them to live, but that does not mean necessarily that they are "most pleasant." Epicurus clearly states in his letter that the wise man is not going to seek the longest life, but the most pleasant.

I've often wondered, in that context, if "necessary" is supposed to mean what is simply necessary for bare survival (as it sometimes seems taken to be - again, by proponents of the "bread-and-water" ascetic wing) or necessary for the most pleasant life. I think you've answered that question here. And (if I read you right) I agree: it *has* to be that.