

# A Fable on Unattainable Expectations

Post by "Don" of November 22, 2024 at 11:32 AM

[Quote from Kalosyni](#)

the "three brains" (reptilian, mammalian, and primate) -- the "three brains" is no longer the considered the best mode

Yes! Thanks for emphasizing that. Dr. Lisa Felman Barrett has done her best to dispel the myth of the triune brain, too.