

Maslow's hierarchy of needs

Post by “Kalosyni” of November 22, 2024 at 9:04 AM

We've talked about this in other threads, and I remember posting elsewhere (a while back) on a revised "heirarchy of needs" and here is the likely source...

...excerpt:

Quote

The Updated Hierarchy of Needs

So what replaces self-actualization at the top of this revised hierarchy?

- **Parenting** takes the top spot, followed by
- **Mate retention**
- **Mate acquisition**
- **Status/esteem**
- **Affiliation**
- **Self-protection**
- **Immediate physiological needs** make up the very base of the pyramid.

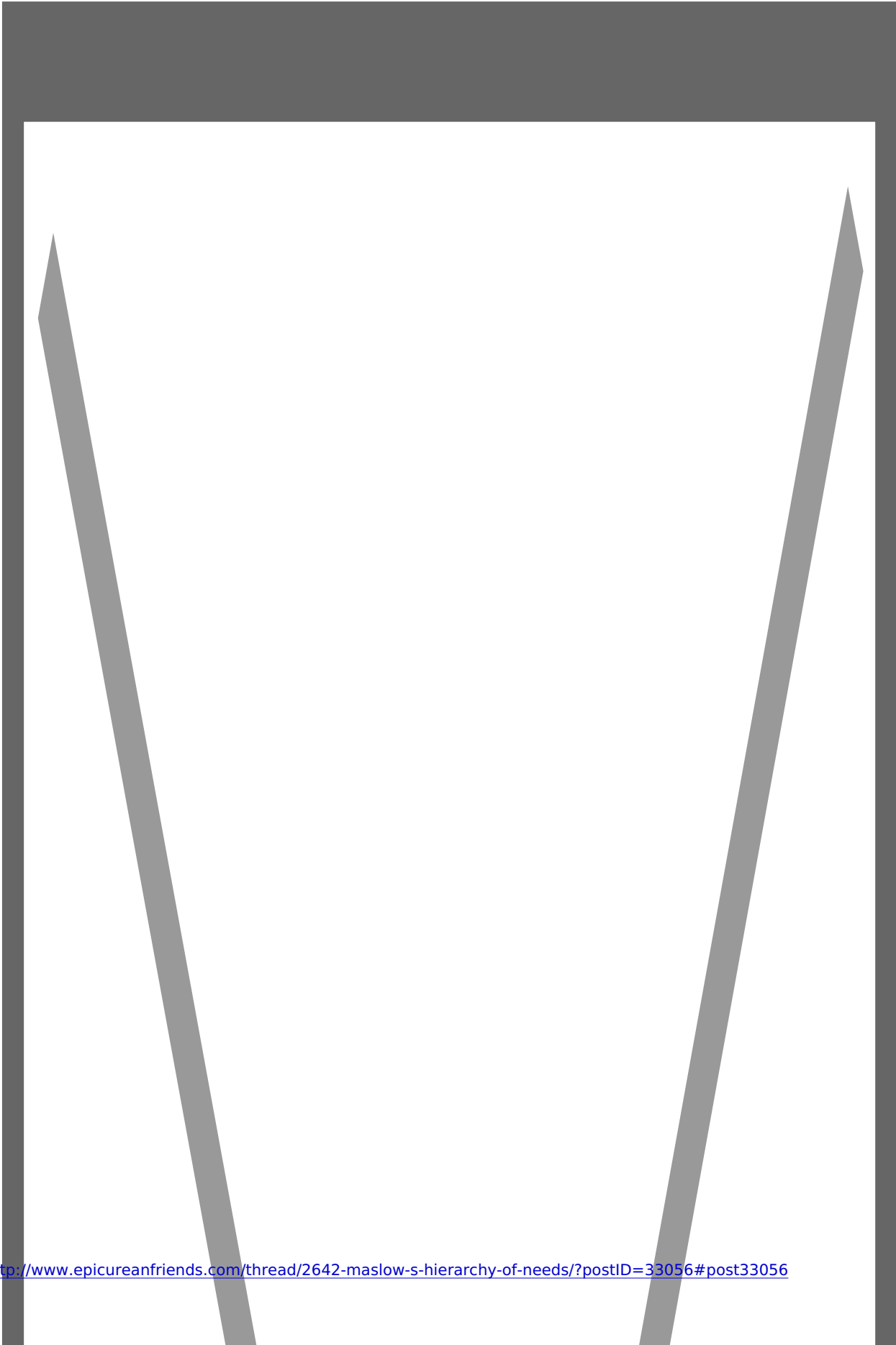
According to the researchers, reproduction is the most fundamental biological imperative. For that reason, they placed parenting at the top of their hierarchy.⁵

The proposed revisions to Maslow's original hierarchy did not come without controversy, however. The journal issue containing the revised hierarchy also included four different commentary pieces that offered perspectives on the original and revised versions of the hierarchy.⁵

While many agreed with the basic premise of the revised version, particularly the evolutionary basis for the revisions, many took issue with removing self-actualization as a key motivating need.

Source:

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[Is Maslow's Famous Hierarchy of Needs Still Relevant Today?](#)

The hierarchy of needs is widely accepted despite little supporting evidence. Is Maslow's hierarchy of needs still relevant today, or is it time for an update?

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There are questions that come up as to how useful a hierarchy of needs is...

I ask this: Can we create an "Epicurean hierarchy of needs" ?

These needs would be biological/mental needs that are part of nature. Within these categories would be various options for fulfillment that encompass all temperaments (and we would be able to point to the "seeds" or causes of those needs). Each category would have a kind of "menu" of things to choose from - for example instead of a lifemate a particular person could instead choose to be part of a community club with close friendships, or good friends with workmates, or friends with housemates (who split the cost of rent). There are of course differences and then compensation from other categories may be needed.

(More thoughts on this to come).