

# Kalosyni's Personal Epicurean Outline

**Post by “Kalosyni” of October 6, 2024 at 8:22 AM**

I am adding this here rather than over in [this thread](#), because while it isn't exactly what Philodemus wrote (point 4 is modified), I feel that it is in alignment with Epicurean philosophy.

There could be multiple ways to express a "Four-point Cure":

1. God minds their own business and thus we have no need to fear them.
2. There is no need to dread death for no consciousness will remain to sense it.
3. The goods which are necessary for life and happiness are readily available to acquire.
4. The evils which bring the most terrible pains to the hoi polloi are actually easy to avoid.

(But then maybe an 8-point cure could encompass more 😊.)