

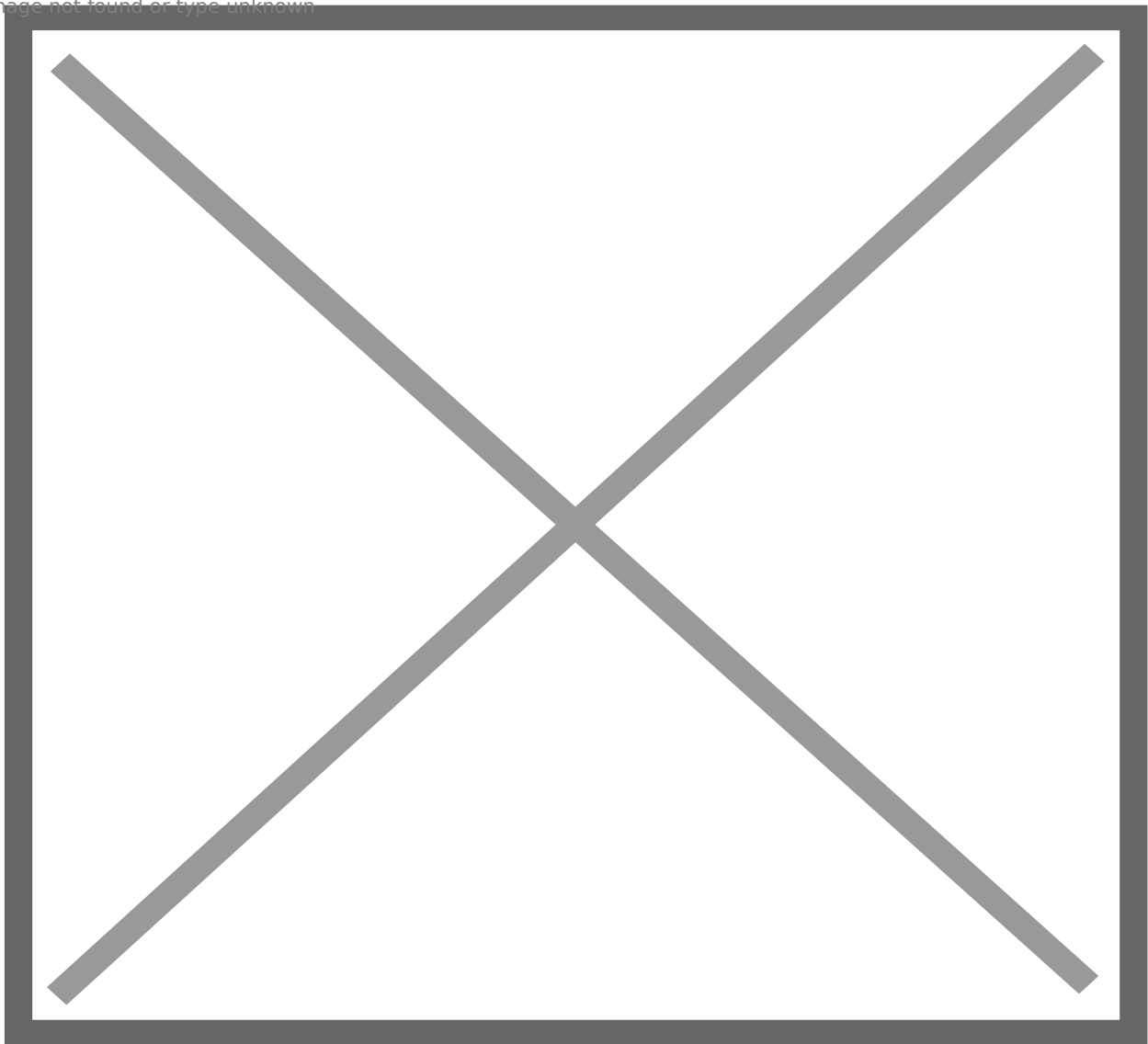
# Hedonophobia

**Post by “Matteng” of October 4, 2024 at 5:32 PM**

Seems so that in religions and some more idealistic philosophys there is sometimes some hedonophobia.

For example for some Stoics pursueing Pleasure was seen as a vice, i read it often but have now not a good example. Here is some from Seneca, what makes me wonder because in other letters he appreciates Epicurean teachings :

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