

# Thought experiment - A vacation without lasting memories

**Post by "Don" of October 1, 2024 at 12:32 PM**

Hmmm....I would think do as little a possible. Memories work both ways: as personal experiences to rerun in one's mind, and shared experiences to be retold with others. If half of that equation is gone, what's the point?

Your scenario sounds a little like dementia. Everyone around the person remembers, but not the person "taking the vacation." How do we deal with friends or family that have dementia?