

Forward vs Backward Momentum

Post by “Julia” of September 24, 2024 at 4:48 PM

[Quote from Pacatus](#)

But, as Ram Das once quipped: “The most difficult thing is to remember - to remember!”

This reminds me that "To be there is to remember" which to me has a strong meaning due to (sometimes prolonged, intense) dissociation: Even though I might have been physically present, if I cannot remember, I wasn't really there. (Which can be a comfort.)

[Quote from Pacatus](#)

I doubt any of that is helpful.

What you said was indeed helpful, because this similar sentence already pops up in my mind repeatedly, and I can use it as a cue: I can attach a 2nd meaning to it, namely that, eventually, I will not get another chance to remember anything at all (in the sense Cassius explained for [PD02](#)).

[PD02](#)'s warning about no more sensations doesn't bother me all that much (it's too physical, too body-focused; to me, no more sensations actually sounds nice — maybe that's another reason why I had misinterpreted it as a [PD01](#) reprise?); but that I will not get to remember anything anymore, and by extension not get to think anything again, that really reaches me. (Which makes it a bit unpleasant in the moment, but I feel it will ultimately prove to be very helpful!)