

Forward vs Backward Momentum

Post by “Cassius” of September 24, 2024 at 2:58 PM

[Quote from Julia](#)

Somehow, the group of thoughts which happen in that diagram remained unconnected to there being limited time only.

I think orthodox Epicurean focus is partly to blame for this. I don't think Epicurus was focused on running from pain like a frightened cat. He was setting the playing field so we can *begin* the analysis of how we spend our time, and after we discuss supernatural interference in [PD01](#), there's really no reason to look back and continue worrying about heaven or hell or anything after death. The focus is on what we do during life!

[Quote from Julia](#)

I wonder how I might go about establishing that habit.

A number of years ago I worked in an office building right next to a very old cemetery, and many days at lunch we would walk through the cemetery to get to restaurants downtown. I miss doing that because looking and at reading the tombstones is one of the best reminders that we will be there someday too!