

# **ACT - a bridge which translates Epicurean philosophy into life goals (thread started by Julia)**

**Post by “Kalosyni” of September 11, 2024 at 10:26 AM**

[Quote from Kalosyni](#)

appears there is a kind of "language of abstractions"

Of course, I realize that "doing philosophy" employs the use of abstractions.

Some further thoughts: Today, I look around my house and see a build-up of miscellaneous objects ("entropy" lol). The kitchen has items that need to be put away, as does the bedroom and the bathroom (livingroom looks mostly okay). Then there is the spare bedroom which is being used for storage, but things are building into disorganized piles.

I could say that I value "order", but for me it is just doing what brings pleasure and what removes pain -- being able to find things easily, and highlighting the beautiful possessions that bring pleasure by beautiful form and color, rather than a misc. items, and unfinished craft projects, etc. The cause of the problem is that I need to use a better system to keep things more organized and I need to purge unnecessary/unneeded things. Yet the motivating force is pleasure/pain.

Ultimately it requires an investment of time.