

# Prolepsis Citations from Long & Sedley

Post by "Root304" of August 28, 2024 at 1:03 AM

Hello all!

Had a thought while doing some philosophizing...I propose prolepsis is our internal existing working model of how the universe operates and how our bodies integrate. It is the "simulation" of the world and how our bodies work that our bodies are using regularly that shifts and changes with impactful experiences, which is made up of our underlying expectation or anticipations about the world and the, semi-conscious and unconscious workings of the body.

Prolepsis is partly a conceptual tool that can be honed by interacting with language in the study of Natural Science to acquire more accurate expectations or blunted by adopting unreasonable expectations. Also adopting the core tenants of Epicurean Philosophy would be a practice in embodying the teleology of pleasure, to experience a more beneficial ethics.

Prolepsis could also encompass body awarenesses that develop mostly in childhood or other body training exercises like senses of balance and elaborate movement for example. I also have a sense that this underlying model building relates to our whole integration of various parts of "the self" and constructs underlying novel personality and general human quirkiness that makes humans especially pretty distinct, perhaps explained materially through environment, Genetic and Epigenetic factors among other things perhaps.

To get poetic, humans are not a simulation. The universe is not a simulation. Our Souls are a simulation run by our bodies to get it all the parts functioning together and effectively navigating the environment. Just a thought...