

# Meaning and Satisfaction for Epicureans

Post by “Kalosyni” of August 22, 2024 at 1:39 PM

## [Quote from Godfrey](#)

Or maybe better described as an "organizing" pleasure: something that brings one's life into a type of focus, and that serves as a filter for choices and avoidances (commitments and rejections, pursuing and fleeing &c). Actually, I like this take on it better than the multivalent idea.

Yes, I like this also!

And brings to mind this:

VS17: "It is not the young man who is most happy, but the old man who has lived beautifully; for despite being at his very peak the young man stumbles around as if he were of many minds, whereas the old man has settled into old age as if in a harbor, secure in his gratitude for the good things he was once unsure of."

Especially: "the young man stumbles around as if he were of many minds" - makes me think of someone who is disorganized and is going in ten different directions and so does not get (or know how to get) what is needed or wanted.

So the "harbor" here could actually be a kind of clarity of mind with regard to what is important in life and what actions to take to bring about happiness.