

Increasing your ability to be effective and have good outcomes

Post by “Kalosyni” of August 21, 2024 at 8:34 AM

Here is an article which is very practical, and which I think can help increase anyone's ability to be effective, and therefore leave less things to chance.

Thinking anyone may want to create their own personal list of types of lists for their own life (...if you think of something not on the list you can post it in this thread).

Here are the lists which are suggested in the article:

1. Goals List
2. Gratitude List
3. Strengths List
4. Spending List
5. To Do List
6. Gifts List (birthdays of friends and family members)
7. Bucket List
8. Friends List
9. Doctors List
10. Shopping List
11. Wish List (for future purchases)
12. Get Your Sh*t Together List

You can [Read more about each category.](#)

For myself, I would probably make only some of the above lists.

I can see adding a "Books to Read List" and maybe even an "Epicurean Philosophy Concepts Study List" 😊

Also, seems like might be good have a method to mark items which are of higher importance or higher priority on a given list.