

Welcome HollyGraves!

Post by “HollyGraves” of June 18, 2024 at 8:15 AM

Hello friends! I'm glad to be here. I have enjoyed taking part from time to time on the Facebook page, but I don't know why I had never decided to join this forum before now. I look forward to some wonderful and fruitful discussions in the future! Thanks, Cassius, for your kind words. And thanks for this very helpful Welcome Page, with all the links provided. I often need to remind myself to come back to the basics, and this will be a good resource for doing so.

I've been studying Epicurean philosophy for several years now, and it has influenced how I live my life in many ways. My main focus is to apply the principles to daily life so that I can be happy and content. I came to this way of life after a long lifetime of seeking to change myself through different religions and philosophies which had, as their core, the belief that human beings are flawed and need to seek divine help to change. It was quite a relief to read about Epicureanism and see that my desire to seek pleasure and avoid pain is innate, and not a character flaw of a sinful nature. I sure wish I had been able to open my eyes to this fact when I was younger! But thankfully, it is never too late to practice philosophy, as our master Epicurus says. Be well, friends!