

Being content in your situation or taking a risk for greater pleasure.

Post by “Kalosyni” of May 21, 2024 at 10:10 AM

Something that was said recently in a Zoom meeting has me thinking again about "risk-taking", as well as this post [here in another thread](#).

There are activities that come with greater risks, for example riding a motorcycle - here are some statistics:

"The chances of a fatality in a motorcycle accident are approximately 30 times higher than in a car. Motorcycle accidents have a staggering 80% injury or death rate, while car accidents remain around 20%."

"According to the National Highway Traffic Safety Administration, approximately 236 motorcycle crashes result in injuries every day in the United States. In general, the odds of getting into a motorcycle accident are 1 in 100."

Pondering the Hedonic Calculus or prioritizing "smart choices" would lead one to choose less risky activities. As far as preventing an early death, it is really all about using common sense. And if you completely understand that you only have one life to live, then you will be already be increasing the number of prudent pleasures that you are enjoying, so that you will not need to take up any new risky physical activities, because your life will be full of good stuff and fun stuff.

[Quote from Eoghan Gardiner](#)

We certainly shouldn't take risks that are likely going to be a failure

If the failure is losing a lot of money, then that wouldn't be a good idea.

But this does have me wondering...if the failure is in the mental realm of the mind, such that it doesn't affect the body, but only the mind could be affected by the thought "I tried but I failed" then seems like the risk of failure shouldn't be feared, and because you know that you can then just move on to something else.

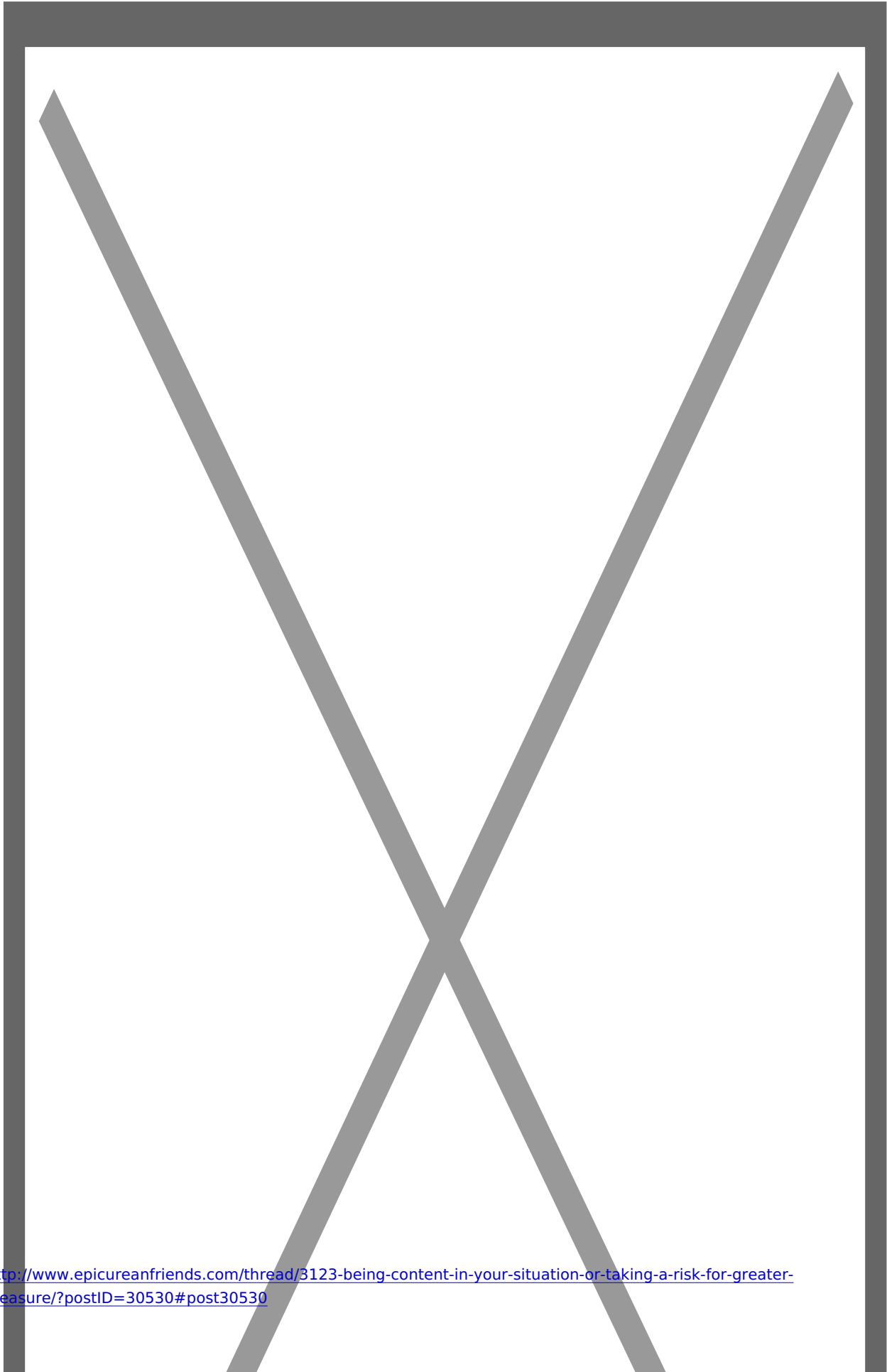
[Quote from Eoghan Gardiner](#)

Let's say it was entering a relationship well I am guessing we have all known the absolute joy of intimacy, sex but the heart break of the breakup is very painful.

Here is something very good for dealing with fear of heartbreak:

<http://www.epicureanfriends.com/thread/3123-being-content-in-your-situation-or-taking-a-risk-for-greater-pleasure/?postID=30530#post30530>

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[Overcoming the Fear of Heartbreak — Marie Thouin, PhD](#)

□ More than a few of my clients say that they are looking for a magical connection. But saying YES to a magical love life implies taking a big risk:...

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