

# Benefits of Memorizing and Remembering Specific Epicurean Verse

**Post by “Joshua” of April 4, 2024 at 3:08 PM**

I memorized it in Latin, and [Latin Per Diem](#) on YouTube is a great place to start. I do NOT read Latin. I can read this particular short section of this one text in Latin because I've worked on it, just like your average Catholic in the days before Vatican II could read the Nicene creed in Latin--engaged repetition and familiarity over time lends itself to understanding.

However, memorizing English texts is also helpful; in college I spent a good deal of time committing literature to memory, so that 15 years later I can still recall several pages of Tennyson, Keats, Frost, Burns and Shakespeare, among others. If you think about the hours and hours of song lyrics that most dedicated listeners can call upon, 75 lines of Lucretius is small potatoes, yet very rewarding.

My favorite verse translation is Rolfe Humphries. I'm less picky when it comes to prose.