

# Food and Medicine in the Time of the Epicureans in Ancient Greece and Rome

Post by “Kalosyni” of April 4, 2024 at 11:40 AM

In last night's Zoom meeting a PDF document by [Bryan](#) contained an image of Epicurus with calendula flowers. (Bryan perhaps if by chance you feel you want to upload the image to the gallery?)

I looked up and found this info [on Wikipedia](#).

Quote

[Ancient Romans](#) and [Greeks](#) used the golden *Calendula* in many rituals and ceremonies, sometimes wearing crowns or garlands made from the flowers. ...

...*Calendula officinalis* oil is still used medicinally as an [anti-inflammatory](#) and a remedy for healing wounds.