

Episode 217 - Cicero's On Ends - Book Two - Part 24 - Does Luck Control Whether An Epicurean Is Happy?

Post by “Cassius” of March 2, 2024 at 9:39 AM

So it looks like Sturgeons are *both* much larger and much tastier than sprats and therefore very easy to distinguish from each other?

Is sprat a delicacy?

Sprat is not typically seen as a delicacy like lobster, salmon, eel or, of course, herring. And yet sprat is a delicious fish: fatty, soft and creamy in flavour; when hot-smoked, it can even be compared to eel. However, sprat's status is nowhere near that of eel or herring, and for that reason, often referred to as the most undervalued fish species.