

Welcome ThatChickInPA!

Post by “thatchickinpa” of January 6, 2024 at 2:35 PM

Hey there!

I live in the United States and work as an engineer, primarily writing software.

From reading previous welcome threads, my path here seems relatively common. I've explored various philosophies and recently listened to an audio book on Stoicism from the Great Courses. The instructor specifically called out why he was not an Epicurean - he wanted to be politically active which (he said) the philosophy frowned down upon. I didn't remember hearing about Epicureanism before, and didn't really think to look into it if I had, but inferred from his description that it was a philosophy that celebrated "partying" which honestly amused me so I looked it up.

After doing a bit of internet searching & reading, it seemed much different than I expected. So I found Emily Austin's book, *Living for Pleasure*, which was what I was looking for - a "conversational" & jargon free introduction to Epicureanism. After reading the book, I searched the r/Epicureanism subreddit to see if there were any discussions about it and stumbled onto a link to the *Lucretius Today* podcast of the two part interview with Dr. Austin. It is an excellent interview which I enjoyed very much, and I do hope she is invited back for another!

I am considering what I should read next. It seems that *Epicurus and His Philosophy* by Norman DeWitt comes highly recommended here, so I will probably move on to that next.

Thanks for hosting this website, the forums and the podcast. I am looking forward to learning from everyone here! 😊