

# **My 2024 Resolution: Get A More Accurate Picture of Epicurean Pleasure To The World Rather Than "Tranquility" or "Live Unkown"(Comment on Irish Times Article)**

**Post by "Bryan" of January 5, 2024 at 7:36 PM**

Adding some of the sources for the Mithres event:

"When Metrodorus went down to the Peiraeus, a distance of some forty stades, to help one Mithres, a Syrian, a royal officer who had been arrested, letters went out to everyone, men and women alike, with Epicurus' solemn glorification of that journey." (Plutarch, Reply to Colotes, 1126E)

"...the letters [Epicurus] sent to his friends as he extolled and magnified Metrodorus, telling how nobly and manfully he went from town to the coast to help Mithres the Syrian, and this although Metrodorus accomplished nothing on that occasion." (Plutarch, A pleasant life is impossible 1097B)