

# Happy Twentieth of December, 2023!

Post by “Kalosyni” of December 20, 2023 at 3:27 PM

## [Quote from Pacatus](#)

but I was struck by the reference (quoting the SOFE folk) to Eikas as a kind of “sabbath.”

Thanks [Pacatus](#), this article presents the Epicurean practice of Eikas, and it is mostly a good write-up. I think it may be important that as we move forward, we make sure to describe what we do much more precisely as well as avoid calling it an "Epicurean sabbath" -- especially since Epicureanism is very different than the Jewish faith, and we have very different beliefs -- and Epicureanism is a philosophy not a religion.

For now we refer to the Twentieth as a "commemoration" / "gathering" / "celebration".

...and by the way...Happy Twentieth everyone! 😊

...and Happy Winter Solstice too! (tomorrow)