

Mental pleasure/pain more intense and longer lasting than physical pleasure/pain

Post by “Don” of December 13, 2023 at 3:08 PM

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And, yes, I realize that "down in the weeds" of "pleasure" is the idea that self-sacrifice may be interpreted as personal "pleasure". However, I can certainly tell you that doing what was right, rather than what was pleasurable, was not pleasure in many, many situations (long story with many elements).

From my perspective, that is actually the point. Don't dismiss those weeds too lightly. Are you able or willing to admit to yourself that doing what you felt was "right" was pleasurable to you. Feeling that you did the correct action **was** pleasurable. If you want to say that doing what you felt was right brought you a sense of satisfaction, I can see that. But satisfaction is a type of pleasure in long run.