

# Fundamental Issues In Hedonism

Post by “Don” of December 12, 2023 at 10:55 PM

## [Quote from Pacatus](#)

NOTE: I had a philosopher friend, who did his dissertation on the Nicomachean Ethics, who insisted the best rendering of eudaimonia was "flourishing" -- but that strikes me as even more problematic than "happy."

Fully agree. "Flourishing" seems ... wrong? Merriam-Webster defines "flourishing" as

"marked by vigorous and healthy growth; very active and successful."

Your "happy well-being" is better, for sure. I lean more in the direction of "satisfied well-being" or "contented well-being." To be even more literal, I might suggest "to be in good spirits," but that might be taking the linguistic pun too far.