

# **"Absence Of Pain Is Pleasure" - How Would You Articulate That To Someone?**

**Post by "warjuning" of December 2, 2023 at 12:47 PM**

Maybe it could be said, that pleasure is an activity that is connatural to us, as the healthy functioning of the mind and body and the awareness thereof. The more we reduce and eliminate pain, the easier it will be for our natural wealth to sprout from within us, in the form of continuous pleasure.