

# Tips On Offsetting Pleasures Against Pains

Post by "Eoghan Gardiner" of November 29, 2023 at 9:05 AM

[Quote from Don](#)

[Quote from Cassius](#)

Can't Catholics (to take one example) not find joy in memories of past times and friends?

If a Christian of any stripe is **\*\*convinced\*\*** in their bones that they'll be livin' with Jesus after they die (albeit erroneously, may I add), maybe we could describe them as being free from the anxiety of death.

I don't have much to add but just for the sake of it, Catholics can NEVER be free from anxiety of hell\gods punishment because it is sinful to have "absolute certainty" of your salvation and you may only have a "moral" (lol) certainty. If you read the lives of some saints a lot of them die thinking they committed the sin of presumption so even though they lived a monastery and lived a life of sanctifying grace, they still die with anxiety of death and punishment. Shaking my head vigorously as I type this.

Not to get into the fact that Catholics saints caution against having "particular" friendships, so I don't even think they could think of happy times...also finding joy in anything except for the sake of God is imperfect.

Of course today most catholics are cultural, they do the ceremonies and go to mass maybe at Christmas but don't allow the Church any hold over them...I think Epicurus or one of the Epicureans said to appear at the local religious festivities but you don't really have to believe...I could be misremembering. Anyway another catholic rant, apologies. 😊