

# Tips On Offsetting Pleasures Against Pains

Post by "Don" of November 28, 2023 at 3:10 PM

[Quote from Cassius](#)

"highest good"

The "highest good" is JUST pleasure. There's nothing mystical or woo-woo about the term "highest good." It's just "that to which everything else points" and "why we do what we do." "Attaining the highest good" makes it sound like some unattainable, woo-woo goal. Which is what some people want to make it mean. But that's not what it means.

[Joshua](#) 's "why" questions on the Hume posts over on the other thread seem applicable here. If you keep asking "Why do you do that?" the answer is going to be "because it's pleasurable." That's why it's the "highest" or last good standing.