Curious concerning the chapter on living unnoticed if social media is a boon or negative in your personal individual lives?

Post by “Blank_Emu43” of October 27, 2023 at 4:52 PM

I don’t have any social media or many online accounts in general. I keep myself off the internet as much as possible as I honestly don’t like it that much (I would say that the internet is the worst invention humans have made… well maybe religion a bit more). The only Big Tech (Meta/Facebook, Microsoft, Apple, Google and Amazon) account I have is an Apple one because I have an iPhone.

I deleted all social media ages ago. I used Instagram to message friends but once I got more into cybersecurity and realised all of the data they collect and all of the invasive tracking companies do, I started reducing my online accounts and use of the internet (I even leave my phone at home sometimes if I know where exactly the place I’m going to is located). Not that I used social media much in general anyway so nothing really changed. I now just use iMessage or Signal to message people. I like not hearing a lot of gossip or what’s going on in the world.

So for me, social media would bring me more pain rather than pleasure. I dislike social media in general anyway, even privacy-respecting ones like Mastodon (alternative to Twitter/X) and Pixelfed (alternative to Instagram).