

Is gratitude a katastematic or kinetic pleasure?

Post by “Pacatus” of October 25, 2023 at 6:42 PM

It seems to me that discussions of katastematic pleasures in terms of relative stability or relative duration run into a kind of sorites question: how many grains of sand do you have to have before you can call them “a heap”? (https://en.wikipedia.org/wiki/Sorites_paradox) How stable for how long does a pleasure have to last to become katastematic?

I found it interesting that the Wiki article made the point that “Vagueness alone does not necessarily imply invalidity.”

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Sunday night, I was watching a football game and cheering for my team: a pleasurable activity that I would call kinetic. During breaks in the action, I would allow my awareness to go to my bodily feeling of continued satisfaction and contentment from the light dinner I had eaten sometime before. Is that more katastematic? I initially thought so. Or does the iteration of my awareness itself imply kinetic activity that determines how the pleasure would get labelled?